



Performance Yoga

Team Training Options

Rates effective April 1, 2008

6 sessions

Number of Athletes	Cost Per Athlete
< 10	\$180
10 - 14	\$162
15 - 19	\$153
20 - 24	\$144
25+	\$135

9 sessions

Number of Athletes	Cost Per Athlete
< 10	\$250
10 - 14	\$225
15 - 19	\$213
20 - 24	\$200
25+	\$188

12 sessions

Number of Athletes	Cost Per Athlete
< 10	\$300
10 - 14	\$270
15 - 19	\$255
20 - 24	\$240
25+	\$225